

**2025-2026 ACADEMIC YEAR PHYSICAL EDUCATION AND SPORTS TEACHING DEPARTMENT
TURKISH LESSON PLAN**

1st Semester (Fall Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE138	Introduction to Education	CO		2	0	2	4
MB	UNI101	University Life and Career Planning	CO		2	0	2	2
GK	ENG101	English I	CO		2	0	2	2
GK	TURK101	Turkish Language I	CO		2	0	2	2
AE	SSF103	Foundations of Sport Sciences	CO		2	0	2	4
AE	SCE129	Motor Development	CO		2	0	2	4
AE	SCE123	Human Anatomy and Kinesiology	CO		3	0	3	4
AE	SSF105	Gymnastics	CO		1	2	2	4
AE	SSF106	Swimming	CO		1	2	2	4
		TOTAL:						30

2nd Semester (Spring Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE124	Educational Psychology	CO		2	0	2	4
GK	ENG102	English II	CO		2	0	2	2
GK	TURK102	Turkish Language II	CO		2	0	2	2
AE	SPE106	First Aid and Health	CO		2	0	2	2
AE	SSF104	Track and Field	CO		1	2	2	4
GK	COMP102	Information Technologies	CO		0	2	1	4
AE	SSF111	Tennis	CO		1	2	2	4
AE		Sports Elective	E		1	2	2	4
AE	SES110	Physical Fitness	CO		1	2	2	4
		TOTAL:						30

3rd Semester (Fall Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE201	Instructional Technologies	CO		2	0	2	3
MB	SPE203	Principles and Methods of Teaching	CO		2	0	2	3
MB	SPE213	Community Service Practices	CO		1	2	2	4
MB	SPE221	Program Development in Education	CO		2	0	2	3
AE	SCE209	Movement Education	CO		1	2	2	4
GK	HİST101	Principles of Atatürk and History of Reforms I	CO		2	0	2	2
AE		Field Elective	E		2	0	2	4
AE		Sports Elective	E		1	2	2	4
AE	SPE219	Effective Communication Skills	CO		2	0	2	3
		TOPLAM:						30

4th Semester (Spring Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE202	History of Turkish Education	CO		2	0	2	3
MB	SPE204	Research Methods in Education	CO		2	0	2	3
AE	SPE206	Physical Education and Sport Curricula	CO		2	0	2	3
AE	SPE214	Rhythm Education and Dance	CO		1	2	2	3
GK	HİST102	Principles of Atatürk and History of Reforms II	CO		2	0	2	2
AE	SCE104	Exercise Physiology	CO		3	0	3	4
AE		Field Elective	E		2	0	2	4
MB		Occupational Elective	E		2	0	2	4
AE		Sports Elective	E		1	2	2	4
		TOTAL:						30

5th Semester (Fall Semester)								
Ders Alanı	Ders Kodu	Ders Adı	Ders Türü	Ön Koşul	T	U	K	AKTS
MB	SPE301	Classroom Management	CO		2	0	2	3
MB	SPE305	Morality and Ethics in Education	CO		2	0	2	3
AE	SPE307	Training Methods	CO		2	0	2	3
AE	SPE315	Teaching Physical Education and Sport I	CO		2	2	3	5
GK		General Elective	E		2	0	2	4
AE		Field Elective	E		2	0	2	4
MB		Occupational Elective	E		2	0	2	4
AE		Sports Elective	E		1	2	2	4
		TOTAL:						30

6th Semester (Spring Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE302	Measurement and Evaluation in Education	CO		2	0	2	3
MB	SPE304	Turkish Education System and School Administration	CO		2	0	2	3
AE	SPE306	Skill Learning	CO		2	0	2	3
AE	SPE332	Teaching Physical Education and Sport II	CO		2	2	3	5
AE		Field Elective	E		2	0	2	4
MB		Occupational Elective	E		2	0	2	4
GK		General Elective	E		2	0	2	4
AE		Sports Elective	E		1	2	2	4
		TOTAL:						30

7th Semester (Fall Semester)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE401	Teaching Practice I	CO		2	6	5	10
MB	SPE403	Special Education and Mainstreaming	CO		2	0	2	3
AE	SPE405	Folk Dances	CO		1	2	2	3
AE	SPE407	Exercise and Nutrition	CO		2	0	2	3
AE	SPE409	Educational Games	CO		1	2	2	3
AE		Field Elective	E				2	4
MB		Occupational Elective	E				2	4
		TOTAL:						30

8. Yarıyıl (Bahar Yarıyılı)								
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE402	Teaching Practice II	CO		2	6	5	10
MB	SPE404	Guidance in Schools	CO		2	0	2	3
AE	SPE406	Organization and Management in Physical Education and Sports	CO		2	0	2	3
AE	SPE408	Exercise Programming for Healthy Living	CO		2	0	2	3
AE	SPE410	Adapted Physical Education and Sport	CO		1	2	2	3
AE		Field Elective	E				2	4
MB		Occupational Elective	E				2	4
		TOTAL:						30

GE-Elective							
Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C
ELIT352	Literature and Sports	S		2	0	2	4
ELIT360	Selections from World Literature	S		2	0	2	4
ELIT362	Literature and Cinema	S		2	0	2	4
ELIT452	Literature and Psychology	S		2	0	2	4
ELIT456	History of Drama	S		2	0	2	4
ELIT458	Cultural Studies	S		2	0	2	4
ELIT460	Literature and Istanbul	S		2	0	2	4
GER201	German I	S		3	0	3	4
FRE201	French I	S		3	0	3	4
GER202	German II	S		3	0	3	4
FRE202	French II	S		3	0	3	4
GER203	German III	S		2	0	2	4
FRE203	French III	S		2	0	2	4
GER204	German IV	S		2	0	2	4

FRE204	French IV	S		2	0	2	4
GER205	German V	S		2	0	2	4
FRE205	French V	S		2	0	2	4
GER206	German VI	S		2	0	2	4
FRE206	French VI	S		2	0	2	4
POLS485	Politics, Society and Culture	S		2	0	2	4
MIS480	Introduction to Java Programming	S		2	0	2	4
MIS483	Web Design	S		2	0	2	4
ARCH350	Historical Settlements and Spaces	S		3	0	3	4
ARCH354	Istanbul and Space	S		3	0	3	4
ARCH450	Visual Culture	S		3	0	3	4
ARCH455	Ecological Design	S		3	0	3	4
COMP345	Introduction to Programming	S		2	0	2	4
COMP347	Web Application Development	S		2	0	2	4
COMP349	Introduction to Information Technologies	S		2	0	2	4
COMP348	Blockchains	S		2	0	2	4
MIS366	E-Commerce	S		2	0	2	4
COMP465	Artificial Intelligence	S		2	0	2	4
COMP467	Big Data Analytics	S		2	0	2	4
COMP469	Big Data Privacy and Security	S		2	0	2	4
COMP350	Human Computer Interaction and Wearable Devices	S		2	0	2	4
COMP462	Cloud Technology	S		2	0	2	4
COMP351	Social Network Analysis	S		2	0	2	4
COMP466	Advanced Office Applications	S		2	0	2	4
COMP468	Advanced Excel Applications	S		2	0	2	4
COMP474	Information Technologies in Business Life	S		2	0	2	4
COMP475	Digital Security	S		2	0	2	4
COMP476	Introduction to Cryptography	S		2	0	2	4
COMP477	Wireless and Mobile Networks	S		2	0	2	4
COMP478	Practical Network Installation Techniques and Network Management	S		2	0	2	4
COMP479	Open Source Operating System	S		2	0	2	4
MTH356	Management of Digital Transformation Projects	S		2	0	2	4
MTH359	Intellectual and Industrial Rights (Patent-Brand-Design) Overview	S		2	0	2	4
MTH455	R&D Innovation and Project Management	S		2	0	2	4

MTH457	Data Structures and Algorithm for Artificial Intelligence	S		2	0	2	4
INDR375	Design Thinking	S		3	0	3	4
INDR376	Agile Organizations	S		3	0	3	4
INDR377	Industry 4. 0 and Digitalization	S		3	0	3	4
INDR378	Project Management	S		3	0	3	4
INDR490	Entrepreneurship and Innovation	S		2	0	2	4
INDR476	Family Business Management	S		2	0	2	4
INDR477	Game Theory	S		2	0	2	4
INDR478	New Product Development	S		2	0	2	4
INDR481	Logistics Management	S		2	0	2	4
INDR482	Sustainable Tourism Management	S		2	0	2	4
INDR483	Digital Transformation	S		3	0	3	4
INDR484	Renewable Energy Resources	S		2	0	2	4
INDR485	Technology Management	S		2	0	2	4
LAW456	Business Law and Ethics	S		2	0	2	4
MIS461	Human Resources Management	S		2	0	2	4
MIS462	Health Institutions Management	S		2	0	2	4
MTH453	Data Quality and Management	S		2	0	2	4
OHS402	Occupational Health and Safety	S		3	0	3	4
MED350	Addiction and Combating	S		2	0	2	4
MED351	Combating Infectious Diseases	S		2	0	2	4
MED352	Traditional and Complementary Medicine Practices	S		2	0	2	4
MED353	Motion Pictures and Health	S		2	0	2	4
MED354	Biotechnology and Genetics	S		2	0	2	4
PHS350	Aromatherapy	S		2	0	2	4
LABT350	Ecology and Sustainability	S		2	0	2	4
PSYC481	Working Life and Psychology	S		2	0	2	4
PSYC462	Stress Management and Anger Management	S		2	0	2	4
PSYC480	Politics and Psychology	S		2	0	2	4
PSYC478	Organizational Behavior	S		2	0	2	4
PSYC479	Social Exclusion and Group Processes	S		2	0	2	4
INTF380	Financial Literacy	S		2	0	2	4
PRA392	Corporate Identity	S		2	0	2	4
PRA399	Conflict, Negotiation and Dialogue	S		2	0	2	4
PRA481	Digital Marketing	S		2	0	2	4

LAW380	Law and Society	S		2	0	2	4
RTC382	Literature Adaptations in Cinema	S		2	0	2	4
RTC384	Creative Writing Techniques	S		2	0	2	4
RTC391	Mythology	S		2	0	2	4
RTC393	Creative Writing Practices	S		1	2	2	4
RTC394	Psychology in Cinema	S		2	0	2	4
RTC395	Photography Practices	S		1	2	2	4
RTC396	Film Readings	S		2	0	2	4
NEMC385	Data Journalism	S		2	0	2	4
NEMC391	Digital Content Management Analysis	S		2	0	2	4
NEMC392	Communication Technologies	S		2	0	2	4
CEP303	Civic Engagement Project	S		0	2	1	5
COMP353	Big Data	S		2	0	2	5
SSF140	E- Sports Management	S		2	0	2	4
SSF142	Gamification and Game-Based Education	S		2	0	2	4
SSF145	Sports and Technology	S		2	0	2	4
SSF146	Group Dynamics and Leadership	S		2	0	2	4
SSF148	Fitness in Special Populations	S		2	0	2	4
SSF149	Sports Anthropology	S		2	0	2	4
SSF150	Sports and Policies	S		2	0	2	4
NUTR392	Eating Behavior Disorders	S		2	0	2	4
NUTR394	Nutrition Literacy	S		2	0	2	4
NUTR393	Sustainable Nutrition	S		2	0	2	4
NUTR496	Istanbul and Culinary Culture	S		2	0	2	4
NUTR492	Global Nutrition Problems	S		2	0	2	4
NUTR494	Nutrition in Emergency and Disaster Situations	S		2	0	2	4
SLT367	Signs Language I	S		2	0	2	4
SLT368	Sign Language II	S		2	0	2	4
SLT369	Human Communication	S		2	0	2	4
MED303	Rational Drug Use	S		2	0	2	4
MIDW358	Reproductive Health	S		2	0	2	4
MIDW359	Sexual Health	S		2	0	2	4
MIDW360	Women Status and Problems	S		2	0	2	4
OTR360	Baby Massage	S		2	1	3	4
OTR461	Neuralplasticity	S		2	1	3	4
OTR462	Sensory Neurophysiology	S		2	1	3	4
OTR464	Ergonomics	S		2	1	3	4
PTR456	Clinical Pilates	S		2	0	2	4
NURS380	Health and Culture	S		2	0	2	4
NURS383	Health Literacy	S		2	0	2	4

NURS384	Healthy Living Behaviors	S		2	0	2	4
PHAR315	Environment and Life Chemistry	S		2	0	2	4
PHAR317	Research and Presentation Techniques in Health Sciences	S		2	0	2	4
PHAR319	Addiction and Drug Abuse	S		2	0	2	4
PHAR321	Food Supplements	S		2	0	2	4
PHAR323	Natural and Synthetic Dyes	S		2	0	2	4
ART351	Music History	S		2	0	2	4
ART353	Art History	S		2	0	2	4

Sports Elective

SSF107	Karate- Do	E		1	2	2	4
SSF108	Horseback Riding	E		1	2	2	4
SSF109	Canoeing	E		1	2	2	4
SSF110	Archery	E		1	2	2	4
SSF111	Tennis	E		1	2	2	4
SSF112	Underwater Instrument Diving	E		1	2	2	4
SSF113	Sailing	E		1	2	2	4
SSF114	Golf	E		1	2	2	4
SSF115	Football	E		1	2	2	4
SSF116	Basketball	E		1	2	2	4
SSF117	Volleyball	E		1	2	2	4
SSF118	Handball	E		1	2	2	4
SSF119	Korfball	E		1	2	2	4
SSF120	Pilates	E		1	2	2	4
SSF121	Yoga	E		1	2	2	4
SSF122	Bodybuilding and Fitness	E		1	2	2	4
SSF123	Wrestling	E		1	2	2	4
SSF124	Triathlon	E		1	2	2	4
SSF125	Dance Sports	E		1	2	2	4
SSF126	Artistic Gymnastics	E		1	2	2	4
SSF127	Table Tennis	E		1	2	2	4
SSF128	Rowing	E		1	2	2	4
SSF129	Cycling	E		1	2	2	4
SSF130	Boxing	E		1	2	2	4
SSF131	Swimming Teaching	E		1	2	2	4
SSF132	Pilates Teaching	E		1	2	2	4
SSF133	Yoga Teaching	E		1	2	2	4
SSF134	Teaching Cycling	E		1	2	2	4
SSF135	Teaching Volleyball	E		1	2	2	4
SSF136	Teaching Bodybuilding and Fitness	E		1	2	2	4
SSF137	Teaching Golf	E		1	2	2	4

SSF138	Teaching Tennis	E		1	2	2	4
SSF139	Teaching Triathlon	E		1	2	2	4
SSF154	Wellness	E		1	2	2	4
SSF156	Outdoor Sports	E		1	2	2	4
SSF157	Badminton	E		1	2	2	4
SSF158	Pickeball	E		1	2	2	4
SSF159	Futsal	E		1	2	2	4
SSF160	Satranç	E		1	2	2	4
SSF161	Shooting	E		1	2	2	4

Occupational Elective

Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
MB	SPE119	Extracurricular Activities in Education	E		2	0	2	4
MB	SPE132	Adult Education and Lifelong Learning	E		2	0	2	4
MB	SPE133	Attention Deficit and Hyperactivity Disorder	E		2	0	2	4
MB	SPE121	Project Preparation in Education	E		2	0	2	4
MB	SPE123	Inclusive Education	E		2	0	2	4
MB	SPE125	Comparative Education	E		2	0	2	4
MB	SPE126	Micro Teaching	E		2	0	2	4
MB	SPE416	Child Psychology	E		2	0	2	4
MB	SPE128	Out-of-School Learning Environments	E		2	0	2	4
MB	SPE136	Total Quality Management in Education	E		2	0	2	4
MB	SPE183	Learning Disabilities	E		2	0	2	4
MB	SPE153	Music Education	E		2	0	2	4
MB	SPE154	Critical and Analytical Thinking	E		2	0	2	4
MB	SPE155	Character and Value Education	E		2	0	2	4
MB	SPE131	Sustainable Development and Education	E		2	0	2	4
MB	SPE158	Individualization and Adaptation of Teaching	E		2	0	2	4
MB	SPE156	Child Protection in Physical Education and Sports	E		2	0	2	4
MB	SPE116	Evaluation of Classroom Learning	E		2	0	2	4
MB	SPE196	Ceremonies and Demonstration Gymnastics	E		1	2	2	4
MB	SPE186	Physical Education and Game Teaching in Preschool	E		1	2	2	4
MB	SPE100	Physical Education and Game Teaching in Primary Education	E		1	2	2	4
MB	SPE199	Philosophical and Sociological Foundations of Education	E		2	0	2	4

Field Elective

Course Area	Course Code	Course Name	Course Type	Prerequisite	T	P	C	ECTS
AE	SPE162	Drama in Physical Education	E		1	2	2	4
AE	SPE164	Action Research in Physical Education and Sport	E		2	0	2	4
AE	SPE165	History of Physical Education and Sport	E		2	0	2	4
AE	SPE166	Biomechanics	E		2	0	2	4
AE	SPE167	Exercise Psychology	E		2	0	2	4
AE	SPE168	Traditional Turkish Sports	E		2	0	2	4
AE	SPE170	Leisure Time Education	E		2	0	2	4
AE	SPE115	Digital Technologies and Learning in Physical Education	E		2	0	2	4
AE	SPE111	Physical Education Teaching Models	E		2	0	2	4
AE	SPE134	Sociology of Physical Education	E		2	0	2	4
AE	SCE175	Talent Selection	E		2	0	2	4